



Northwest Independent Baseball League

Premier Wood Bat Baseball for Northwest Oregon and Southwest Season 13

Northwest Independent baseball League Return to Play 2021

The Northwest Independent Baseball League is prepared to launch the following Return to Play Protocol (RTPP) for Adult Baseball activities in the States of Oregon and Washington. We have prepared this Protocol based on guidelines and policies set forth by the States of Oregon and Washington, and the Parks and Recs Department.

We have a full-time Game Management Committee made up of team Managers, office staff and umpires who are prepared to implement and follow this “RTPP”.

Our top priority is for the safety of our players, coaches, volunteers, and staff, as they return to play. We want to ensure that all players and coaches can get back onto the Baseball field and transition safely. We require that all staff, coaches, players, volunteers, and families read, understand, and adhere to the League guidelines listed below. These guidelines are subject to change based on current and update Oregon and Washington Government, Health and Authority, Park’s guidelines.

Team Responsibilities

- Make Sanitation Kits available to each Player
- Provide entrance exit protocol to meet required social distancing rules in and out of dugouts and onto fields (One Way)
- Provide proper field space to meet required social distancing rules (Have Players bring Lawn Chairs to sit along sidelines Behind fences)
- Maintain action plan in case player or coach has Positive test
- Monitor guidelines from Oregon and Washington health authorities
- Provide COVID-19 League Policy Guidelines to all team members

Coach Responsibilities

- Ensure the Health and Safety of all players
- Coaches communicate with players upon arrival at practice to confirm that players are not experiencing any COVID-19 symptoms or have been exposed prior to training using the designated COVID-19 County measures
- Coaches’ should monitor their own personal health and hygiene, including taking his temperature prior to attending training/activity—stay home if you feel sick
- Follow Team/League Protocol and Guidelines including social distancing
- Wash hands before and after practices
- Wash and sanitize equipment before and after each use and practice
- Wear a mask—at all times from exiting your car till you return to your car
- No physical contact including group celebrations, hugs, handshakes or any contact with players or coaches while social distancing rules are in place

- Please review and make yourself familiar with the Northwest Independent League Protocol and guidelines prior to attending League activities
- Have fun, stay positive-Stay Safe and keep your team safe

Player Responsibilities

- Follow protocol for League and Team rules and guidelines
- Wait in car until 15 minutes prior to start of game, scrimmage, or training
- Monitor personal health and hygiene, stay home if you feel sick
- Wash and sanitize hands before and after Practice and Games Encourage individuals to bring their own hand sanitizer for personal use and to wipe down surfaces before using them.
- Bring own Helmet, Bat and water bottle to all training and games
- Wash and sanitize your equipment before and after training and games
- Physical distancing and masks must be worn before and after training sessions
- Masks are required at all times (except when playing on the baseball field)
- Water breaks—players/coaches must maintain 6ft of social distancing to remove their masks for drinking water or Sports Drinks
- Players are required to have extra masks available at all practices and games
- Masks are required during games and scrimmages went not in play
- Practice social distance before and after training and games
- Do not touch equipment or things that do not belong to you
- Do not assist coach with equipment before or after training (Coach may Assign a player to bring and take gear)
- Please review and make yourself familiar with the NWIBL Protocol and guidelines prior to attending Practice and Games activities
- No physical contact including group celebrations, hugs, handshakes, or any contact with other players, or coaches while social distance rules are in place.

OHA—Sector Risk Level Guidelines 2.12.21

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2351E.pdf>

☑ **OHA—Reopening Guidelines 12.15.20**

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2390g.pdf>

☑ Mask Requirements <https://govstatus.egov.com/or-oha-face-coverings>

- Coaches/trainers to implement safety standards for players & follow plan for disinfecting and management of all training/game equipment (*see below*)
- Teams are provided disinfecting supplies, Masks and Hand Wipes

Safety Standards

1. Players wear masks during practices and games when not on playing field See Below Phase 3
2. Players to follow social distancing guidelines set by local and state agencies.
3. Players wash hands for 20 seconds before going to practices and games and frequently during practices and games with approved disinfectant
4. Players refrain from high fives and handshakes with fellow teammates and opposing players.
5. Players follow good hygiene practices (No Seeds or Tabaco, spitting prohibited, no shared equipment, wear masks).

6. All players/staff will only be allowed to bring prepackaged outside food/drink into the stadium for games/practices water and drinks.

Plan for Disinfecting and Management of Equipment

1. Coaches/trainers/players use wipes and disinfecting sprays to clean all shared surfaces that players/coaches/trainers come in contact with including baseballs, bats, batting cages, handrails, benches, etc.

2. Players disinfect all personal equipment (gloves, batting gloves, bats, etc) before every practice or game and are encouraged to use only personal equipment when possible. Sharing will be limited at all opportunities to reduce person to person contact.

On-Field During Games

- Hand Sanitizer in dugouts provided at every practice and game.
- Daily cleaning of all common areas prior to players/coaches entering.
- Frequent cleaning of any high-touch surfaces during practices and games.
- Wipes & hand sanitizer provided in all common areas.
- Water bottle fill protocol - players bring their individual bottles that are labelled and pre-filled before competition
- Regular cleaning of common dugout areas (benches, fences and gates, bat holders, etc.) prior to use.
- When equipment sharing is required, provide wipes/sprays for in between uses.
- Ensuring all players avoid all team activities when they are sick and exhibiting certain symptoms (chills, muscle pain, sore throat, new onset of loss of sense of smell/taste, cough, dry cough, temperature above 100.4 F) and Self Report.

Moderate contact outdoor sports athletes allowed to remove facial coverings for competitions. Facial coverings must be worn by athletes when not actively training or competing in a game or match against another team or when on the bench waiting to play. Coaches, trainers, and officials must wear face coverings at all times. Officials and referees supervising low or moderate contact outdoor competitions are allowed to remove their facial coverings if officiating requires them to run in the field of play. Six feet of distance must be maintained among athletes when not engaged in sporting activities, huddles and team meetings must be physically distanced.

Keep a roster of every athlete, staff and volunteer present at each practice, training session, and contest to assist with contact tracing in the event of a possible exposure.
Game Changer

Use this space for notes